

### LESSONS FROM NOVA SCOTIA: AN OVERVIEW OF THE NOVA SCOTIA EXPERIENCE

Remedy for the Findings of Systemic Discrimination Against Nova Scotians with Disabilities

## INTRODUCTIONS







### DAVIS PIER

Maria Medioli

Executive Direction, Disability Support Program

Nova Scotia Department of Community Services Devon Gillis

Partner

Davis Pier Consulting

### ABOUT DSP







#### ANNUAL BUDGET

Includes funding for independent living, residential, individualized funding programs, and day programming supports; program staff, and front-line case managers (229 FTEs total)

### PARTICIPANTS SUPPORTED

Approximately 5,500 adults receiving funding for living supports. Additional 670 families receive individualized funding for children. 1,590 on service request list and 758 in institutions.

### SERVICE PROVIDERS

Service providers deliver independent living and residential supports and an array of day services. Includes notfor-profit and for-profit organizations.

# ABOUT DAVIS PIER

Certified

Corporation

Davis Pier is dedicated to working with government and community organizations to tackle complex, interconnected societal issues. We have three key practice areas operating in three provinces:



Halifax – Toronto - PEI

### REMEDY BACKGROUND

- Human Rights complaints were filed by 3 DSP participants who resided in Emerald Hall (in-patient mental health unit). The complaints alleged that the province discriminated against these individuals and all persons with disabilities in Nova Scotia by not providing supportive housing in the community.
- In October 2021, the Nova Scotia Court of Appeal ruled in favour of the plaintiffs.
- An interim consent order and an interim settlement agreement outlining a five-year resolution process was approved by the Human Rights Commission Board of Inquiry in June 2023.

#### There are four grounds of discrimination:



### **Unnecessary Institutionalization**

There has been unnecessary institutionalization in purpose-built institutions for persons with disabilities as well as in other institutional settings such as psychiatric hospitals



### Denial of Community of Choice

Persons with disabilities have often been 'placed' in settings distant from their families/friends, and not within their community of choice



#### **Right to Assistance**

The right to assistance when needed has been denied to eligible persons with disabilities



### **Delays in Assistance**

Persons with disabilities have experienced frequent, indefinite, extended delays in the provision of assistance (waitlists) despite statutory entitlement

### **REMEDY BACKGROUND**

#### The technical report is founded on six INTER-DEPENDENT key directions



**Individualized Planning and Support Coordination:** A new system of individualized planning and support coordination to drive more person directed planning with a focus on community-based services

#2

**Closing Institutions:** A defined timeline and increased supports to facilitate the closure of institutions within 5 years

#3

**Community-Based Supports and Services:** A new, broader system of community-based supports and services that will facilitate a home and life in the local community



**Regional Hubs and Multidisciplinary Support:** Province wide multidisciplinary support program with regional hubs including clinical and mental health supports



**Individualized Funding:** Individualized funding for all DSP participants



**Strengthening Disability Capacity:** Strengthening the whole Disability System's capacity to enable transformation to a human rights approach

### FIVE YEAR TIMELINE



# REMEDY PROJECT OFFICE

- 20-25 projects, supported by program teams, internal project staff and professional services
- Governance that includes a Government Roundtable, External Advisory Committee, Ministry Leadership and DSP Program Leadership



Individual Planning and Support Coordination

Individualized Funding



**Closing Institutions** 



Multidisciplinary and Clinical Supports



System Capacity



Community Based Programs and Services



**Digital Solutions** 

#### Portfolio/Project Management Framework



Remedy-Wide Change Management and Communications



# KEY INGREDIENTS

### INDIVIDUALIZED FUNDING

Objective, evidence-based assessment using interRAI tools and ensuring that funding allocations align with the costs of services

### CENTRALITY OF THE PLAN

Funding based on the plan and an individual's needs, not to a set cap or based on the fixed costs for services

### LOCAL AREA COORDINATION

An evidence-based approach developed in Australia, the UK and Singapore

Delivered by community members, embedded in community, with a catchment area of 12,000 citizens

A focus on personal strengths, natural relationships and community assets, before funded services

A 50:1 caseload to allow for trust and relationship development

Open to anyone who self-identifies as having a disability

### THE YEARS BEFORE THE REMEDY

The Remedy coincided with an in-progress effort to improve choice and inclusion for persons with disabilities.



- Choice, Equality and Good Lives in Inclusive Communities Report (the Roadmap)
- Human Rights complaint against the Province of Nova Scotia (NS) for the failure to provide supportive housing in the community.
- Incremental progress in implementing the Roadmap, including new programs and services
- Collaborative planning with sector to prepare for deinstitutionalization

- Significant investment in facility closure
- Work underway to closure first institution
- The NS Court of Appeal finding of systemic discrimination against the province of Nova Scotia

### NEW RESOURCES AND FUNDING

New Ministry resources and funding for supports and services have been approved to uphold Remedy commitments

### COURT MONITOR

The court monitor creates accountability through semi-annual public reporting

### ONGOING EVALUATION

External evaluation team to help us to learn and adjust in real-time

# THE COURT ORDER HAS CHANGED THE GAME

### HOPE IS NOT A PLAN

Prior to the Remedy, individuals and families had **hope** that the system would improve, but the Remedy has created the **mandate** for a **plan** that must be achieved



## WHAT THIS MEANS FOR PROVIDERS

### The Role of Providers

We can't implement the Remedy without our service provider partners. We will need their existing capacity and expertise, and more, to:

- Transition to a completely community-based model
- Help us to build and support the workforce in a competitive labour market
- Find creative housing solutions for individuals
- Provide individuals with more choice and the types of supports/services they want
- Fill gaps for services in certain communities

#### What We're Doing Now

- 1. Developing a Workforce Strategy and Plan
- 2. Launching a Service Provider Transition Fund
- 3. Creating interim funding models to bridge to IF
- 4. Using transparent processes to procure new services and supports

### INTERIM ADVISORY COMMITTEE

Seeking advice from an Interim Advisory Committee. Lessons learned will be applied to Provincial and Regional Committees later in 2024

#### LISTENING TO COMMUNITY

Each time we engage with community, we seek to tailor our approach to the topic, share what we heard back to those who participated, and seek feedback to improve the next time

### SERVICE DESIGN APPROACHES

Service design tools take a human-centered approach to designing supports, services and programs. This has included leveraging:

- Journey mapping
- Diary studies
- Visual surveys
- Prototypes for feedback and iteration
- Multi-method in-person engagements

# OUR APPROACH TO CO-DESIGN

### SOME TOOLS AND APPROACHES





Town Halls with Multi-Method Participation

DAY 2 WORKSHEET: FOCUSING AND EXPLORING Part 1: Where you focus... 🚢 First, we'd like you to tell us about where you go in your home when you're doing something that needs your focus. These might be things like homework, talking on the phone, or even completing activities like this one. What kind of activities do you do at home that require you to focus? List a few of them here: se ace to concentrate in? you could use the space below to: a few words (for example, "lots of light", or "big table"), at a good space to focus means to you, or avourite place in your home to concentrate in, and attach it back to us. If you take a photo, please tell us why you chose it

Diary Studies for Gathering Feedback In Natural Settings

### WHAT'S NEXT

### NEW WEBSITE

Public-facing Remedy website to be launched in coming weeks. Check the DSP Government website for link.

### YEAR 1 PROGRESS REPORT

First annual progress report will be shared publicly on June 1

### REACHING OUT AS WE PROGRESS

We are constantly in contact with counterparts across Canada and always open to sharing information and ideas

## THANK YOU

maria.medioli@novascotia.ca

https://novascotia.ca/coms/disabilities/index.html

<u>devon.gillis@davispier.ca</u>

<u>www.davispier.ca</u>