

Cross-Sector U-First! Training September 30, 2014



U-First! is a training program for professional caregivers of people with Alzheimer's disease and other dementias.

The U-First! Program will help you:

- **Understand** the behaviour changes in a person with dementia
- **Flag** possible changes seen in the person
- **Interact** with skill and understanding
- **Reflect** and report the behaviour
- **Support** the person with dementia and the family caregiver
- Learn how to involve the **Team** in caring for the person with dementia

What are the results of U-First! training?

- Increased awareness of the causes of behaviour in people
- Improved ability to handle situations that arise
- Increase teamwork with other staff
- Increased professionalism
- Increased ability to prevent responsive behaviours
- Reduced stress

Who should attend?

This **cross-sector** U-First! session is targeted to people working in:

- Developmental Services
- Community Support Agencies
- Seniors Services
- Long Term Care Homes

You will have an opportunity to **network** and **share resources** with people working in different sectors.

Instructors:

- Maureen O'Connell, Psychogeriatric Resource Consultant, North Simcoe Muskoka LHIN, c/o Collingwood G & M Hospital
- Jane Scott, Learning & Development Supervisor, Reena

Date: September 30, 2014

Location:

The Bob Rumball Home for the Deaf
1 Royal Parkside Drive, Barrie, ON, L4M 0C4
Room: Chalet

Time: Registration open @ 8:30 a.m. - 9:00 a.m. Course runs from 9:00 a.m. to 4:30 p.m.

Cost: \$75.00 (includes Lunch, all materials, and a Certificate of Completion)

Registration:

PLEASE NOTE there are **2** separate registration links depending on the sector you work in. Please ensure you click the right link:

Developmental Services Sector: <http://tinyurl.com/p2tlh7d>

Long Term Care Home and Community Sector: <http://tinyurl.com/kuf72pf>

If the links do not work, please copy and paste the web address into your browser.

SPACE IS LIMITED TO 25 PARTICIPANTS.
REGISTRATION DEADLINE: September 16, 2014

QUESTIONS?

Please direct any questions regarding this session to:

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